



## Ways to Motivate Your Child to Learn

- ◆ Show that you believe in your child's ability to succeed.
- ◆ Help your child identify goals that can be achieved through learning.
- ◆ Model setting goals and working towards achieving them.
- ◆ Celebrate your child's accomplishments with words of praise .  
**It is not necessary to always buy items in order to celebrate.**
- ◆ Remember to always be supportive in your child's effort, whatever the result. Your positive attitude will continue to inspire your child to learn.

## Family Learning Opportunity

- ◆ Parents, text your child a message using "text spelling." Ask your child to respond using correct spelling and punctuation.
- ◆ Have each family member keep a journal of the foods they eat daily. Remember to record the portion size and calories. Each day compare with each other the items eaten and their calories. Find the difference (subtract) between the parents' caloric intake and the children's caloric intake. **(This is a multiple step problem solving activity).**